

EVERY DAY MENU ITEMS

SALAD TRAYS:

(Salad: Lettuce, Tomato, Grated Carrot, Cucumber, Alfalfa, Onion)

Chicken or Ham & Salad \$ 5.50

HOT FOOD

Fried Rice \$ 3.00

Beef Nachos \$ 4.00

Garlic Bread \$ 2.20

7" Pizzas

Ham & Pineapple, Meaty BBQ, Cheese \$ 4.50

Cheese Burger \$ 4.50

Quiche - Ham & Cheese \$ 3.00

Chicken Goujons (4) \$ 2.20

Pie - Mini \$ 2.20

Pie - Traveller \$ 3.20

Sausage Roll - Small \$ 2.20

Sausage Roll - Large \$ 3.20

Sauce - Tomato or BBQ \$ 0.40

UFO - Bread Roll, Tomato Sauce & Melted Cheese \$ 1.00

GF extra \$ 0.50

Pocket - Ham & Cheese \$ 3.50

Pocket Chicken & Cheese \$ 3.50

Herb & Garlic Focaccia - Ham & Cheese \$ 4.50

Herb & Garlic Focaccia - Chicken & Cheese \$ 4.50

Gluten Free Lasagne \$ 4.50

Gluten Free Chicken Nuggets (3) \$ 2.20

Chicken Tender Sub \$ 5.00

Chicken Tender Wrap \$ 7.00



WRAPS

Chicken or Ham & Salad

Salad: Lettuce, Tomato, Grated Carrot, Cucumber

Full Wrap - Ham or Chicken \$ 5.00

Full Wrap - Salad Only \$ 4.50



SANDWICHES: Made on Wholemeal Bread

Cheese Sandwich

Chicken or Ham with Cheese Sandwich

Chicken or Ham + Cheese + Salad Sandwich

Egg and Lettuce Sandwich

Strawberry Jam / Honey Sandwich

Vegemite Sandwich

Vegemite & Cheese Sandwich

Toasted Extra

GF Extra



SNACKS

Boiled Egg

Corn on Cob

Pop Corn - Plain

Grain Waves - Sour Cream & Chives

Yoghurt Frogs

Pikelets

Pikelets with Jam

Mini Muffin: Blueberry

Apple Slinky

Fruit Cups - In Season from

Frozen Fruit: Pineapple or Orange

Dip Tray - Rice Crackers, Cheese, Celery,

Carrot & Dip (Hommus)



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COLD FOOD ITEMS

Vaalia Yoghurt: Vanilla & Strawberry \$ 2.00

Jelly (Smart Jelly): Raspberry & Lime \$ 1.30

Jelly & custard \$ 1.60



DRINKS

Flavoured Milk - 300ml:

Chocolate & Strawberry \$ 2.50

Plain Milk - 300ml \$ 1.30

Water - 600ml \$ 1.50

Krazy Lemon - 200ml \$ 1.80

Slushy - 225ml \$ 2.50

Poppers: Apple, Orange, Troical

Apple & Blackcurrant \$ 1.70

Grooves \$ 2.50

ICE BLOCKS

Zooper Dooper \$ 0.60

1/2 Zooper Dooper \$ 0.30

Paddle Pops: Chocolate or Rainbow \$ 1.40

Icy Twist: Lemonade \$ 1.00

Juices - Tropical, Berry \$ 1.00

Cyclone: Apple \$ 2.00

Twisted Frozen Yoghurt: Watermelon or

Mango \$ 2.00

Zooper Dooper

Birthday Bucket \$ 20.00

\$ 2.50

