

Bread Casing with Sweet Corn Filling

Recipe source:

Fresh from the garden: corn

Serves: 16 or makes 2 medium sized

Difficulty: Easy

| Ingredients: | | Equipment: | |
|--------------------------|-----------------------|-------------------|--|
| Loaf thinly sliced white | <u>Filling</u> | Cutting board | |
| bread | 1 ½ tablespoons | Sharp knife | |
| 2 tablespoons melted | butter | Bread knife | |
| butter | 1 ½ tablespoons flour | Measuring cups | |
| | ½ cup milk | Measuring spoons | |
| | Salt and pepper | Muffin tin | |
| | Broccoli head | saucepan | |
| | Cup of corn or tin of | _ | |
| | creamed corn | | |

What to do: Preheat oven to 180C

- Remove crusts from the bread and roll with a rolling pin to make thinner.
- Cut rounds or squares to fit savoury tins
- Brush each piece on both sides with melted butter and fit to savoury tins
- Bake in a moderate oven until golden.

Filling

- Make a thick white sauce by melting butter, stirring in the flour and then adding the milk gradually.
- Allow to thicken and cook well
- Add sweet corn, herbs and broccoli.
- Add salt and pepper to taste, pour into prepared bread crusts

