

Breakfast Muffins

Recipe source: Mackenzie Bradshaw

Serves: 15

Fresh from the garden: eggs, herbs, tomatoes

Difficulty: easy

Ingredients:		Equipment:	
15 small pita breads or loaf of bread	Baking spray	Knife	
800g of shaved ham		Cutting board	
Herbs to garnish		Muffin pan	
15 eggs		Cookie cutter	
10 cherry tomatoes			

Heat oven to 180C

- Lightly spray muffin tin with baking spray
- Use cookie cutter to cut out pita bread or bread and place in muffin tray
- Divide ham, tomatoes and crack 1 egg into each tart
- Cook for 25min until whites of the eggs are just cooked
- Then garnish with herbs to serve

